

**Niagara County Youth Bureau announces summer food service program sites**

Submitted by the Niagara County Public Information Office

The Niagara County Youth Bureau is sponsoring the summer food service program (SFSP) again in 2026 and is pleased to announce the open program site locations. Free meals will be served weekdays at the following sites in Niagara County, except for the holiday for Friday, July 4:

**Lockport**

•Altro Park – 201 Willow St., June 29-Aug. 21, breakfast 9-10 a.m.; lunch noon-1 p.m.

•Lockport Salvation Army – 50 Cottage St., June 29-Aug. 6, lunch 11:30 a.m. to noon (closed Fridays)

•The SYC Culture Lab – 400 West Ave., June 29-Aug. 21, breakfast 10-10:30 a.m.; lunch 1-1:30 p.m.

**Niagara Falls**

•Niagara Falls Public Library, 1425 Main St., June 29-Aug. 14, lunch noon-12:30 p.m.

•Packard Court Community Center, 4300 Pine Ave., July 6-Aug. 7, breakfast, 9-9:30 a.m.; lunch noon-12:30 p.m.

•Niagara Falls Salvation Army, 7018 Buffalo Ave., July 6-30, lunch noon-12:30 p.m. (closed Fridays)

•Chosen Fellowship VOH Center, 1609 22nd St., June 29-Aug. 27, lunch 11 a.m. to 1 p.m. (closed Fridays)

**North Tonawanda**

•Payne Park – 858 Payne Ave., June 29-Aug. 28, lunch noon-1 p.m.

•Spruce School Park – 195 Spruce St., June 29-Aug. 28, lunch noon-1 p.m.

**Gasport**

•Veterans Park – 7992 State St., July 6-Aug. 7, breakfast 9-10 a.m.; lunch noon-1 p.m.

Free meals will also be served at the following locations in Erie County:

**Kenmore/Tonawanda**

•Sheridan Parkside Community Center – 169 Sheridan Parkside, June 29-Aug. 21, lunch 11 a.m. to 1 p.m.

•Lincoln Park – 299 Decatur Road, June 29-Aug. 21, lunch 11 a.m. to 1 p.m.

This program ensures that children who are economically disadvantaged continue to receive nutritious meals during summer vacation. Meals are comparable to the national school breakfast and national school lunch programs throughout the school year.

The summer food service program is a federally funded program that provides free meals to all children at approved SFSP sites. Sites are located within areas that have significant concentrations of low-income children. Meals are provided to children age 18 and under. Acceptance and participation requirements for the program and all activities are the same for all regardless of race, color, national origin, gender, age or disability, and there will be no discrimination during meal service.

Contact Benjamin Bunker or Rodney Alaimo for further information, including specific dates and times of site operation, at 716-278-6873.

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*Paid for by Friends of Steve Broderick*

**Cheers to 20 years at Lewiston GardenFest**

Annual event this weekend



Presented by the Lewiston Garden Club, Lewiston GardenFest is celebrating 20 years on Saturday, June 20, and Sunday, June 21, from 10 a.m. to 5 p.m. both days along Center Street. The 20th annual festival features approximately 100 vendors selling flowers, plants, and garden essentials, along with open gardens, speakers, a container garden contest, and more throughout the weekend.

Visit [www.wnypapers.com](http://www.wnypapers.com) for a full preview and photos. Pictured are event sponsors from the Town of Lewiston and Northwest Bank. (Photos by Joshua Maloni)



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[www.messiahlewiston.org](http://www.messiahlewiston.org)  
**Worship: 8:15am Guitar | 9am Sunday School**  
**10am Organ - Live Stream on website**

**ATTENTION**  
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[wnypapers.com](http://wnypapers.com) for the newsletter

**Real Help For Your Health**

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**How to be young at any age**

Are you concerned about aging and getting older? Most people are. Unfortunately, in our attempts to slow down the aging process, we have become obsessed with cosmetic rituals - cutting, tucking, sucking and face-lifting - and searches for anti-aging lotions and potions. The "damage hypothesis of aging" suggests that the damage caused by negative, unhealthy lifestyle choices will cause more deterioration and aging at any age.

Positive changes in your lifestyle such as improving diet and nutrition, drinking pure water, breathing fresh air, getting regular exercise and activity, maintaining the appropriate weight, keeping mentally active and regular chiropractic spinal adjustments for improved flexibility and proper nerve communication to regulate body function, can help delay or prevent the onset of disability that is usually associated with "getting older".

Your body replaces itself every seven years. Using whole food nutrition gives the body the genuine replacement parts it is designed to use to repair and sustain itself. New advances in nutritional supplementation actually support cellular detoxification and regeneration, which reverse aging in the body, are now available at our office.

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**Lewiston/NOTL Rotary Club**

**What's Rotary?**  
 Rotary is the world's premier international humanitarian service organization. We are a diverse global network of community, business, and professional leaders who address relevant social causes to change lives and build goodwill and peace at home and abroad.

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